



**Intermediate School  
Menu / Order Form  
JANUARY / FEBRUARY 2021**



www.wilsonareasd.org

**PLEASE ONLY CIRCLE MEALS YOU WISH TO  
ORDER FOR VIRTUAL INSTRUCTIONAL DAYS only.  
These meals will be sent home with your child.**

|           |
|-----------|
| BREAKFAST |
| LUNCH     |

| MONDAY                                | TUESDAY                                      | WEDNESDAY                                 | THURSDAY                            | FRIDAY   | SATURDAY  | SUNDAY  |
|---------------------------------------|--|---|-------------------------------------|--|---|---|
| 11-Jan                                | 12-Jan                                       | 13-Jan                                    | 14-Jan                              | 15-Jan   | 16-Jan  | 17-Jan  |
| Cheerios<br>Macaroni & Cheese         | Apple Frudel<br>Philly Cheese Steak          | Strawberry Pop Tart<br>Mashed Potato Bowl | Mini Cinni<br>Chicken Teriyaki      | Bagel with Cinnamon<br>CC<br>Stuffed Cheese<br>Breadsticks   | Cinnamon Toast<br>Crunch<br>French Toast Sticks | Apple Oatmeal Bar<br>Turkey BLT Wrap                        |
| 18-Jan                                | 19-Jan                                       | 20-Jan                                    | 21-Jan                              | 22-Jan   | 23-Jan  | 24-Jan  |
| <b>CLOSED</b>                         | Apple Frudel<br>Italian Meatball<br>Sandwich | Cinnamon Pop Tart<br>Chicken Alfredo      | Mini Cinni<br>Fajita Chicken Bowl   | Bagel with Strawberry<br>CC<br>Pepperoni Pizza Bake          | Cinnamon Toast<br>Crunch<br>Chicken Tenders     | Strawberry Nutrigrain<br>Bar<br>Turkey Burrito              |
| 25-Jan                                | 26-Jan                                       | 27-Jan                                    | 28-Jan                              | 29-Jan   | 30-Jan  | 31-Jan  |
| Cheerios<br>Cheeseburger              | Apple Frudel<br>BBQ Pulled Pork<br>Sandwich  | Strawberry Pop Tart<br>Chicken Teriyaki   | Mini Cinni<br>Mashed Potato Bowl    | Bagel with Strawberry<br>CC<br>Turkey BLT Wrap               | Cinnamon Toast<br>Crunch<br>Pasta & Meatballs   | Strawberry Nutrigrain<br>Bar<br>French Toast Sticks         |
| 1-Feb                                 | 2-Feb  | 3-Feb                                     | 4-Feb                               | 5-Feb  | 6-Feb   | 7-Feb   |
| Cheerios<br>Chicken Patty<br>Sandwich | Apple Frudel<br>Macaroni & Cheese            | Cinnamon Pop Tart<br>Philly Cheese Steak  | Mini Cinni<br>General Tso's Chicken | Bagel with Strawberry<br>CC<br>Stuffed Cheese<br>Breadsticks | Cinnamon Toast<br>Crunch<br>Turkey Burrito      | Strawberry Nutrigrain<br>Bar<br>Fajita Chicken Bowl         |
| 8-Feb                                 | 9-Feb  | 10-Feb                                    | 11-Feb                              | 12-Feb   | 13-Feb  | 14-Feb  |
| Cheerios<br>Chicken Tenders           | Apple Frudel<br>Cheeseburger                 | Cinnamon Pop Tart<br>Pasta & Meatballs    | Mini Cinni<br>Chicken Teriyaki      | Bagel with Strawberry<br>CC<br>Chicken Alfredo               | Cinnamon Toast<br>Crunch<br>French Toast Sticks | Strawberry Nutrigrain<br>Bar<br>BBQ Pulled Pork<br>Sandwich |

Student Name \_\_\_\_\_

Student ID Number \_\_\_\_\_

Teachers Name \_\_\_\_\_

A full student breakfast at the intermediate level consists of a minimum of the following components:  
one full cup of fruit, one full cup of grains (whole-grain-rich), and one cup of milk (non-fat or 1%).

A full student lunch at the intermediate level consists of a minimum of the following components:  
1/2 cup of fruit, 3/4 cup of vegetables, one full cup of grains (whole-grain-rich), 1 cup of meat/meat alternatives,  
and one cup of milk (non-fat or 1%).

Menus subject to change without notice.

Questions? Please call Chris Baratta 484-373-6122