



Intermediate School Lunch Menu / Order Form October 2020



PLEASE CIRCLE MEALS YOU WISH TO ORDER FOR **VIRTUAL INSTRUCTIONAL DAYS** only. These meals will be sent home with your child.

www.wilsonareasd.org

28-Sep Macaroni & Cheese Chicken Caesar Salad	29-Sep Cheeseburger Greek Salad	30-Sep Chicken Patty Sandwich Antipasta Salad	1-Oct Sausage Egg n Cheese Taco Chef Salad	2-Oct Stuffed Cheese Breadsticks Garden Salad
5-Oct Chicken Tenders Chicken Salad Wrap	6-Oct Turkey Hot Dog Honey Mustard Ham & Cheese Wrap	7-Oct Mashed Potato Chicken Bowl Little Italy Wrap	8-Oct Pepperoni Pizza Bake Turkey BLT Wrap	9-Oct Chicken Alfredo Buffalo Chicken Wrap
12-Oct SCHOOL CLOSED	13-Oct Fajita Chicken Bowl Greek Salad	14-Oct General Tso's Chicken Antipasta Salad	15-Oct Philly Cheese Steak Chef Salad	16-Oct Stuffed Cheese Breadsticks Garden Salad
19-Oct Chicken Teriyaki Chicken Salad Wrap	20-Oct Italian Meatball Sandwich Honey Mustard Ham & Cheese Wrap	21-Oct Mashed Potato Chicken Bowl Little Italy Wrap	22-Oct Egg & Cheese Taco Turkey BLT Wrap	23-Oct Pulled BBQ Pork Sandwich Buffalo Chicken Wrap
26-Oct Cheeseburger Chicken Caesar Salad	27-Oct Chicken Patty Sandwich Greek Salad	28-Oct Pepperoni Pizza Bake Antipasta Salad	29-Oct Fajita Chicken Bowl Chef Salad	30-Oct Chicken Alfredo Garden Salad

Student Name _____ Student ID Number _____ Teachers Name _____	Effective 9/14/2020 all meals are FREE to all students PLEASE ONLY CIRCLE MEALS YOU WISH TO ORDER FOR <u>VIRTUAL INSTRUCTIONAL DAYS.</u>
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Please return to your child's teacher as soon as possible!

Menus subject to change without notice.

A full student lunch at the intermediate level consists of a minimum of the following components:
 1/2 cup of fruit, 3/4 cup of vegetables, one full cup of grains (whole-grain-rich),
 1 cup of meat/meat alternatives, and one cup of milk (non-fat or 1%).

Questions? Please call Chris Baratta 484-373-6122