

WILSON AREA SCHOOL DISTRICT VIRTUAL MEAL PROGRAM 2020/2021

Pickup meals for Monday, Tuesday and Wednesday on Monday. Pickup meals for Thursday, Friday, Saturday and Sunday on Thursday. Avona Elementary, Williams Township Elementary and Wilson Borough Elementary are the pick up sites.

MONDAY and THURSDAY PICKUP 12:00 PM - 2:00 PM**

**pickup days are in red

MONDAY 16-Nov	TUESDAY 17-Nov	WEDNESDAY 18-Nov	THURSDAY 19-Nov	FRIDAY 20-Nov	SATURDAY 21-Nov	SUNDAY 22-Nov
Cheerios	Apple Frudel	Strawberry PopTart	Mini Cinni	Apple Oatmeal Bar	Cinnamon PopTart	Strawberry Nutrigrain Bar
Muffin Fun Lunch	Chicken Patty Sandwich	Ham & Cheese Sandwich	General Tso's Chicken	Macaroni & Cheese	French Toast Sticks	Turkey BLT Wrap

MONDAY 23-Nov	TUESDAY 24-Nov	WEDNESDAY 25-Nov	THURSDAY 26-Nov	FRIDAY 27-Nov	SATURDAY 28-Nov	SUNDAY 29-Nov
Cheerios	Apple Frudel	Cinnamon PopTart	CLOSED	CLOSED	CLOSED	CLOSED
Cheeseburger	Fun Lunch	Chicken Nuggets	CLOSED	CLOSED	CLOSED	CLOSED

MONDAY 30-Nov	TUESDAY 1-Dec	WEDNESDAY 2-Dec	THURSDAY 3-Dec	FRIDAY 4-Dec	SATURDAY 5-Dec	SUNDAY 6-Dec
CLOSED	Apple Frudel	Strawberry PopTart	Mini Cinni	Chocolate Chip Oatmeal Bar	Cinnamon CC Bagel	Egg & Cheese Taco
CLOSED	Chicken Parm Sandwich	Pepperoni Pizza Bake	Chicken Fajita Bowl	Chicken Alfredo	Beef Burrito	Cheeseburger

A full student lunch consists of 4 components:

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|--------------------------------------|-----------------------------------|
| 1.) Fruit/Vegetables (3/4 Cup total) | 3.) Meat/Meat Alternate (2 oz eq) |
| 2.) Grains (1 oz eq) | 4.) Milk (1 cup) |
- 1% white milk or fat free chocolate milk included with every meal

A full student breakfast consists of 3 components:

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| 1.) Fruit/Vegetables (1/2 cup total) | 3.) Milk (1 cup) |
| 2.) Grains (1oz. eq) | |



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