



March 2010
Wilson Area Elementary Schools
www.wilsonareasd.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Balance Choice 1 Nacho Tacos Lettuce & Salsa Or Turkey & Cheese Sandwich on a Roll w/ Vegetable Pasta Salad Seasoned Peas Pears Lowfat Milk Choice	Popcorn Chicken Dinner Roll Or Cheese Steak Tossed Salad Fruit Cocktail Lowfat Milk Choice	Lunch Bag Cheese Burger Or Hot Dog Potato Chips Baby Carrots Juice Lowfat Milk Choice	Balance Choice 4 Pizza Dunkers w/ Cheese Tomato dipping sauce Or Garden Salad w/ Cheese Seasoned Corn Apple Lowfat Milk Choice	Balance Choice 5 5" Round Pizza Or Tuna Salad on a Roll w/ Vegetable Pasta Salad Carrot Sticks Fruit Cocktail Lowfat Milk Choice
Peanut Butter and Jelly available Daily				
Balance Choice 8 Chicken Patty Sandwich Or Sloppy Joe on a whole wheat bun Seasoned Corn Applesauce Lowfat Milk Choice	Baked Chicken Nuggets Dinner Roll Or Italian Meatball Parmesan Tossed Salad Peaches Lowfat Milk Choice	Cheeseburger Or Chicken Ranch Wrap Rice & Vegetable Mix Pears Lowfat Milk Choice	Balance Choice 11 Nacho's with Cheese & Chili Or Chicken Caesar Salad w/ Whole Wheat Bread Green Beans Applesauce Lowfat Milk Choice	Cheese Pizza Or Macaroni & Cheese w/ Dinner Roll Tossed Salad Peaches Lowfat Milk Choice
Pizza Dunkers w/ Cheese Tomato dipping sauce Or Hot Ham & Cheese Bagel Tossed Salad w/ Broccoli Apple Lowfat Milk Choice	Balance Choice 16 Popcorn Chicken Dinner Roll Or Jr. Ham & Cheese Sub Orange Apple Juice Lowfat Milk Choice	Balance Choice 17 Pizza Sticks Tomato dipping sauce Or Chicken Salad on a Roll w/ Vegetable Pasta Salad Carrot Sticks Fruit Cocktail Lowfat Milk Choice	Nacho Tacos Lettuce & Salsa or Garden Salad w/ Cheese Seasoned Green Beans Chilled Peaches Lowfat Milk Choice	Cheese Pizza or Chicken BBQ Wrap Tossed Salad Pineapples Lowfat Milk Choice
Chicken Patty on a Roll or Italian Meatball Parmesan Tossed Salad Peaches Lowfat Milk Choice	Baked Chicken Nuggets Dinner Roll Or American Hoagie Baby Carrots With Creamy Herb Dip Pears Lowfat Milk Choice	Pizza Dunkers w/ Cheese Tomato dipping sauce Or Turkey & Cheese Sandwich Seasoned Corn Mixed Fruit Lowfat Milk Choice	Hot Dog w/ Pickles Or Garden Salad w/ Cheese Potato Puffs Applesauce Lowfat Milk Choice	French Bread Pizza Or Peanut Butter & Jelly Tossed Salad Pears Lowfat Milk Choice EARLY DISMISSAL
Milk choices include skim, 1% white, 1% chocolate, and 1% strawberry				
Spring Vacation	Spring Vacation	Spring Vacation		March is Carrot Month Look for Carrots with a special Herb Dip on MARCH 24th

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