



Wilson Area Elementary Schools  
February 2010

[www.wilsonareasd.org](http://www.wilsonareasd.org)



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>Balance Choice</b> 1 Hot Dog w/ Pickles Or <b>Spaghetti w/ Italian Meat sauce &amp; Dinner Roll</b> <b>Tossed Salad</b> <b>Pineapples</b> <b>Lowfat Milk Choice</b>	2 Baked Chicken Strips Dinner Roll Or Italian Meatball Sandwich Tossed Salad Applesauce Lowfat Milk Choice	3 Cheeseburger Or Chicken Parmesan Wrap French Fries Banana  Lowfat Milk Choice	<b>Balance Choice</b> 4 <b>Pizza Dunkers w/ Cheese</b> <b>Tomato dipping sauce</b> Or Garden Salad w/ Cheese Peaches <b>Applesauce</b> <b>Lowfat Milk Choice</b>	5 French Bread Pizza Or <b>Tuna Salad on a Roll w/ Vegetable Pasta Salad</b> <b>Carrot Sticks</b> <b>Fruit Cocktail</b> <b>Lowfat Milk Choice</b>
Peanut Butter & Jelly Sandwich available Daily				
<b>Balance Choice</b> 8 Pizza Sticks with Tomato dipping sauce or <b>Turkey &amp; Cheese Sandwich on a Roll w/ Vegetable Pasta Salad</b> Pineapples <b>Pears</b> <b>Lowfat Milk Choice</b>	9 Baked Chicken Nuggets (BBQ Sauce on the side) Dinner Roll Or Hot Ham & Cheese Bagel Sweet Potatoes Applesauce Lowfat Milk Choice	Lunch Bag Day 10 Cheese Burger Or Hot Dog Potato Chips Baby Carrots Juice Lowfat Milk Choice	<b>Balance Choice</b> 11 Chicken Patty on a Bun Or <b>Chicken Caesar Salad w/ Whole Wheat Bread</b> Green Beans <b>Applesauce</b> <b>Lowfat Milk Choice</b>	12 Cheese Pizza Or Vegetable Lasagna Tossed Salad Chilled Fruit Cocktail Lowfat Milk Choice
15 SCHOOL CLOSED President's Day	<b>Balance Choice</b> 16 Popcorn Chicken Dinner Roll Or <b>Jr. Ham &amp; Cheese Sub</b> <b>Orange Apple Juice</b> <b>Lowfat Milk Choice</b> Donut Day	<b>Balance Choice</b> 17 <b>Pizza Dunkers w/ Cheese</b> <b>Tomato dipping sauce</b> Or Cheese Steak Tossed Salad <b>Applesauce</b> <b>Lowfat Milk Choice</b>	18 Nacho Taco Lettuce & Salsa Or Garden Salad w/ Cheese Seasoned Carrots Pears Lowfat Milk Choice	<b>Balance Choice</b> 19 Cheese Pizza Or <b>Turkey &amp; Cheese Sandwich on a Roll w/ Vegetable Pasta Salad</b> Tossed Salad <b>Pears</b> <b>Lowfat Milk Choice</b>
22 French Toast Sticks w/ Sausage Or Ham & Cheese Sandwich Potato Patty Juice Lowfat Milk Choice	<b>Balance Choice</b> 23 <b>Baked Chicken Nuggets Dinner Roll</b> Or American Hoagie <b>Mixed Vegetables</b> <b>Pineapples</b> <b>Lowfat Milk Choice</b>	<b>Balance Choice</b> 24 <b>Pizza Dunkers w/ Cheese</b> <b>Tomato dipping sauce</b> or Turkey & Cheese Sandwich Seasoned Golden Corn <b>Applesauce</b> <b>Lowfat Milk Choice</b>	25 Cheese Burger Or Garden Salad w/ Cheese Seasoned Green Beans Chilled Peaches Lowfat Milk Choice	26 5" Round Pizza or Macaroni & Cheese w/ Dinner Roll Tossed Salad Pineapples Lowfat Milk Choice
Milk choices include skim, 1% white, 1% chocolate, and 1% strawberry				
February is Banana Month 				

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